

**THE EFFECTIVENESS OF TOTAL PHYSICAL RESPONSE (TPR)
METHOD IN IMPROVING STUDENTS' READING COMPREHENSION AT
MTS LUBBUL LABIB**

Skripsi
Presented to
Undergraduate Program
English Education Program
Nurul Jadid University
in partial fulfillment of the requirements for the degree of
Bachelor in English Language Education



BY

KHOIRIN NISA'
NIM 1942300007

**NURUL JADID UNIVERSITY
UNDERGRADUATE PROGRAM
ENGLISH EDUCATION PROGRAM
2023**

APPROVAL

This is to certify that the *THESIS* of Khoirin Nisa' has been approved by the board of Examiners on 09th August 2023

Probolinggo, 27th July 2023

Bradhiansyah Tri Suryanto, M.Pd.

Examiner I,

Abdullah Al Anis, M.Pd.

Examiner II,

Syaiful Islam, M.Pd.

MOTTO AND DEDICATION

“Focus On Goals, Not Obstacles”

THIS THESIS IS DEDICATED TO:

1. My beloved parents, Bpk. Bahrul ulum S.Pd. and Ibu Kholifah

2. My brother, Moh, Rifqy

3. My entire family as the biggest supporter,

motivator and the first person who always accompanies

Me after my parents

NOTA PEMBIMBING

Hal: Persetujuan Ujian Skripsi

Kepada:

Yth. Bapak Dekan Fakultas Sosial dan Humaniora

Universitas Nurul Jadid Paiton Probolinggo

Assalamu'alaikum Warahmatullahi Wabarakatuhu

Setelah secara cermat kami baca, dan koreksi kembali serta setelah diadakan perbaikan/penyempurnaan seperlunya, maka kami berpendapat bahwa skripsi mahasiswa:

Nama : Khoirin Nisa'

NIM : 1942300007

Prodi : Pendidikan Bahasa Inggris

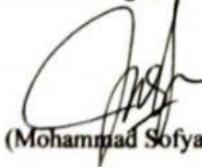
Judul skripsi : The Effectiveness of Total Physical Response (TPR) Method In EFL Students' Speaking Skills At MTs Lubbul Labib

Telah memenuhi syarat untuk diajukan dalam Ujian Skripsi Fakultas Sosial dan Humaniora Universitas Nurul Jadid Paiton Probolinggo.

Atas perhatian dan kerjasamanya, kami sampaikan terima kasih.

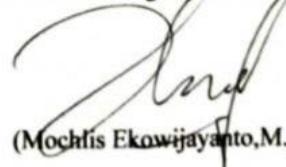
Wassalamu'alaikum Warahmatullahi Wabarakatuhu

Pembimbing I,



(Mohammad Sofyan Adi Pranata, M.Li.)

Pembimbing II,



(Mochlis Ekowijayanto, M.pd.)

DECLARATION OF AUTHORSHIP

Bismillahirrohmanirrohim

Herewith, I :

Name : KHOIRIN NISA'

NPM : 1942300007

Major : English Education

Address : Sentulan, Banyuanyar-probolinggo

Declare that :

1. This *skripsi* is the sole of work of the author and has not been written in collaboration with any other person, nor does it include, without due acknowledgment, the work of any other person.
2. If at a later time it is found that the *skripsi* is a product of plagiarism, I am willing to accept any legal consequences that may be imposed to me.

Paiton, 20 Juli 2023



KHOIRIN NISA'
NIM 1942300007

ABSTRACT

Nisa, Khoirin, 2023. *The effectiveness of Total Physical Response (TPR) method in Improving students' Reading Comprehension at MTs Lubbul Labib. Skripsi.*
English Education Program, Sosial and Humanity Faculty, Nurul Jadid University. Advisor (I) M. Sofyan Adi P., M.Li. Advisor (II) Mochlish Ekowijayanto M.Pd.

Keyword: Total Physical Response, Reading Comprehension

Reading comprehension is the ability to understand and comprehend written text that is read. It involves identifying the meaning of words, phrases, sentences and paragraphs. From the results of the preliminary study conducted, it was found that students' speaking skills were still very low. Therefore, the purpose of this study is to investigate the effectiveness of total physical response in Improving Reading Comprehension, because previous research shows that the use of total physical response can improve students' Reading Comprehension. The approach of this research was quantitative data with a pre-experimental design using pre-test and post-test, the subjects of this study are eighth grade students of MTs lubbul labib consisting of 27 students. The instruments used in collecting the data are tests and instruments used in collecting the data are tests. the instrument used in collecting data is a test. data about students' progress in Improving Reading Comprehension is taken from post-test data. therefore, total physical response succeeds in making students motivated and learning more fun, this can be proven from the students' mean score in post-test (81,03) higher than pre-test (41,11) and T-test value is greater than the T-table value ($13.261 > 1.703$). Therefore, the null hypothesis (H_0) was rejected and the alternative hypothesis (H_1) accepted. Thus, total physical response is effective for students' Reading Comprehension.

ACKNOWLEDGEMENT

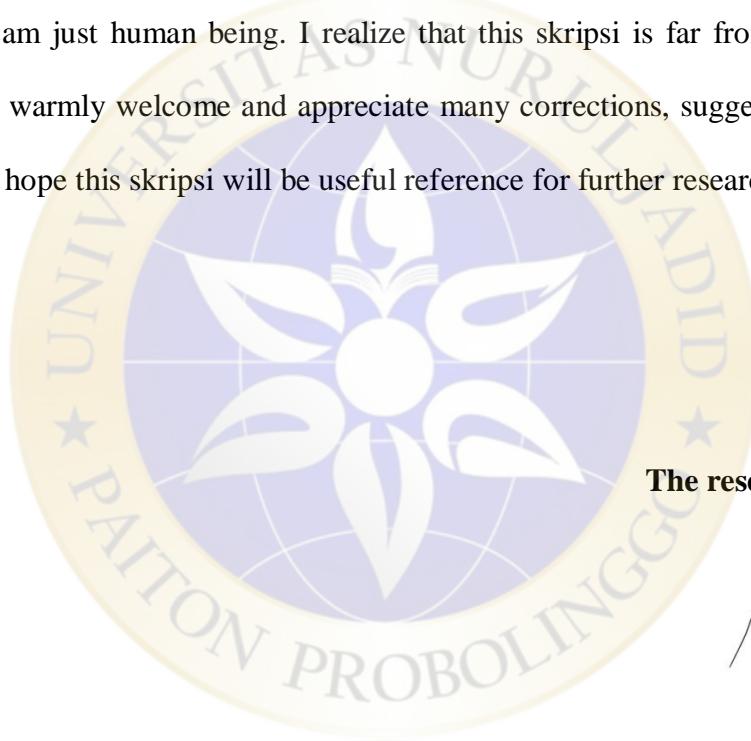
First, alhamdulillahirobbilalamin, all praise be to Allah SWT, in the compassionate, the merciful and lord of the universe, who always give his blessing and helps in every step of mine. Peace and prayers be upon his final prophet Muhammad SAW who always wished his syafa'at in the day where there is nobody could help others.

Second, my grateful thanks to my parents, Bpk. Bahrul Ulum and Ibu Kholifah who support me all this time. You have spent all of your time and energy to support me all the way. You gave me a streak of light when the dark was around me. You have always been a strength when I was weak. And also to my only one brother, Moh, Rifqy who always entertains me so that I don't get stressed.

Third, thank you very much to my advisors, M.Sofyan Adi P., M.Li. and Mochlis Ekowijayanto M.Pd who gave me spirit, courage and critic to my thesis. Without you I cannot complete my thesis on time. I am sure, I will do nothing without your monitoring and assessing me in doing my thesis. Moreover, I say thank to the head master of MTs Lubbul- Labib Bpk. M. Basyir Nawawi M.Pd. has allowed me to conduct the research in the school especially the eighth grade. My gratitude is also to all my English lectures at English department of UNUJA who have given me the benefit of knowledge and encouragement during my study in this university. And

unforgettable to all comrades in English education '19, who has given me unforgettable moment during I am studying.

The last, for everyone who always with me, spent the time to share with me about experience, life, lesson, joking, and others, I do not forget to say thanks to you all that I cannot mention one by one, thank you very much for your supporting. I know, I am just human being. I realize that this skripsi is far from the perfectness. Hence, I warmly welcome and appreciate many corrections, suggestions and, critics. Finally I hope this skripsi will be useful reference for further researcher.



The researcher

Khoirin Nisa'

TABLE OF CONTENTS

APPORAL.....	i
MOTTO AND DEDICATION.....	ii
DECLARATION OF AUTHORSHIP.....	Error! Bookmark not defined.
ABSTRACT	ii
ACKNOWLEDGEMENT	iii
TABLE OF CONTENTS	v
LIST OF TABLES	vii
LIST OF APPENDIXES	viii
CHAPTER I INTRODUCTION.....	1
1.1 Background of the study	1
1.2 Statement of research problem	3
1.3 The purpose of study	4
1.4 Research Hypothesis.....	4
1.5 Significance of the study.....	4
1.6 Definition of operation key term	5
1.7 Previous research.....	5
CHAPTER II REVIEW OF RELATED LITERATURE.....	10
2.1 Total Physical Response	10
2.1.1 Characteristics of TPR (Total Physical Response)	11
2.1.2 Principles of TPR (Total Physical Response).....	12
2.2 Reading	14
2.2.1 Part of Reading	14
2.2.2 Kinds of Reading	15
2.2.3 Types of Reading.....	16
2.3 Reading Comprehension	17
2.3.1 Characteristics of Reading Comprehension	18
2.4 Teaching Reading Comprehension by using TPR.....	20
CHAPTER III	22

RESEARCH METHOD.....	22
3.1 Research Design	22
3.2 Research Instrument	24
3.3 Population	24
3.4 Sample	25
3.5 Variable.....	26
3.6 Data Collecting Technique.....	26
3.7 Data Analysis	28
3.8 Validity	29
3.9 Reliability.....	29
3.10 Hypothesis testing.....	30
CHAPTER IV	32
RESEARCH FINDINGS AD DISCUSSION.....	32
4.1 The Display of Data.....	32
4.2 Hypothesis Testing	44
4.3 Discussion	46
CHAPTER V.....	49
CONCLUSION AND SUGGESTIONS.....	49
4.1 Conclusion	49
4.2 Suggestions	50
APPENDIX	54

LIST OF TABLES

Table 3.1 Classification of Score.....	24
Table 3.2 Result of Reliability Tested.....	25
Table 4.1 Students' Score of Pre-Test.....	28
Table 4.2 Classification of Students' Pre-Test.....	29
Table 4.3 One-sample Statistics Pre-test.....	29
Table 4.4 One-sample Test.....	30
Table 4.5 Students' Score of Post-Test.....	31
Table 4.6 Classification of Students' Post-Test.....	32
Table 4.7 One-sample Statistics Post-test.....	33
Table 4.8 One-sample Test.....	33
Table 4.9 The result of pre-test and post-test of one group experimental.....	34
Table 4.10 Paired Sample Statistics.....	35
Table 4.11 Paired Sample Correlations.....	36
Table 4.12 Paired Sample Test.....	36

LIST OF APPENDIXES

Appendix 1 Research Instrument.....	55
Appendix 2 Test Validity.....	63
Appendix 3 Value Of Students' Test.....	67
Appendix 4 Lesson Plan.....	69
Appendix 5 Documentation.....	75

