REFERENCES

Afidawati, H., Arrasyid, F. I., & Ikawati, L. (2024). Minimizing EFL learners' speaking anxiety in the post-pandemic era. *JEELS (Journal of English Education and Linguistics Studies), 11*(1), 107-130. https://doi.org/10.30762/jeels.v11i1.1886

Al-Sobhi, Bandar Mohammad Saeed, and Abdul Shakour Preece, 'Teaching English Speaking Skills to the Arab Students in the Saudi School in Kuala Lumpur: Problems and Solutions', *International Journal of Education and Literacy Studies*, 6.1 (2018), 1–11.https://doi.org/10.7575/aiac.ijels.v.6n.1p.1

Asterina, V., Tahir, M., & Fitriyani, F. (2025). An Analysis of Language Anxiety on Students' Academic Speaking Performance. *ELS Journal on Interdisciplinary Studies in Humanities*, *8*(2), 346-352. https://doi.org/10.34050/els-jish.v8i2.44344

Astuti, Fifi, 'Efl Students'obstacles To Speaking English; What And Why', *Jurnal Penelitian, Pendidikan, Dan Pembelajaran*, 15.21 (2020)

Athumani, Mushi Saumu, Ismail Sheikh Ahmad, and Nik Suryani Nik Abdul Rahman, 'Teachers' Conceptual Understanding of Inquiry-Based Approach (IBA) at Secondary Schools in Tanzania', *International Journal of Education and Learning*, 3.3 (2021), 175–82. https://doi.org/10.31763/ijele.v3i3.159

Azizi, Zeinab, Ehsan Namaziandost, and Parisa Ashkani, 'Active Learning as an Approach to Fostering EFL Learners' Speaking Skills and Willingness to Communicate: A Mixed-Methods Inquiry', *Issues in Language Teaching*, 11.2 (2022), 93–128. http://dx.doi.org/10.22054/ilt.2023.70542.744

Braun, Virginia, and Victoria Clarke, 'Conceptual and Design Thinking for Thematic Analysis.', *Qualitative Psychology*, 9.1 (2022), 3, 'Successful Qualitative Research: A Practical Guide for Beginners', 2013, 'Toward Good Practice in Thematic Analysis: Avoiding Common Problems and Be (Com) Ing a Knowing Researcher', *International Journal of Transgender Health*, 24.1 (2023), 1–6, 'Using Thematic Analysis in Psychology', *Qualitative Research in Psychology*, 3.2 (2006), 77–101. http://dx.doi.org/10.1191/1478088706qp063oa

Braun, Virginia, Victoria Clarke, and Nikki Hayfield, 'A Starting Point for Your Journey, Not a Map": Nikki Hayfield in Conversation with Virginia Braun and Victoria Clarke about Thematic Analysis', *Qualitative Research in Psychology*, 19.2 (2022), 424–45. https://doi.org/10.1191/1478088706qp063oa

Brown, H Douglas, and Heekyeong Lee, *Principles of Language Learning and Teaching: A Course in Second Language Acquisition* (Taylor & Francis,

2025). https://doi.org/10.4324/9781003494294

Burns, Anne, *Research and the Teaching of Speaking in the Second Language Classroom*, 2017 http://dx.doi.org/10.1007/978-3-319-51789-6

Byrne, David, 'A Worked Example of Braun and Clarke's Approach to Reflexive Thematic Analysis', *Quality & Quantity*, 56.3 (2022), 1391–1412 https://link.springer.com/article/10.1007/s11135-021-01182-y

Chen, Yi-chen, 'Effects of Technology-Enhanced Language Learning on Reducing EFL Learners' Public Speaking Anxiety', *Computer Assisted Language Learning*, 37.4 (2024), 789–813. https://doi.org/10.1080/09588221.2022.2055083

Choi, Yunjeong, Dongbo Zhang, Chin-Hsi Lin, and Yining Zhang, 'Self-Regulated Learning of Vocabulary in English as a Foreign Language', 2018 http://hdl.handle.net/10871/31414

Clandinin, D Jean, 'Narrative and Story in Teacher Education', in *Journeys in Narrative Inquiry* (Routledge, 2019), pp. 91–102. https://doi.org/10.4324/9780429273896

Creswell, John W, William E Hanson, Vicki L Clark Plano, and Alejandro Morales, 'Qualitative Research Designs: Selection and Implementation', *The Counseling Psychologist*, 35.2 (2007), 236–64. https://doi.org/10.1177/0011000006287390

Darling-Hammond, Linda, and Channa M Cook-Harvey, 'Educating the Whole Child: Improving School Climate to Support Student Success.', *Learning Policy Institute*, 2018. https://learningpolicyinstitute.org

Dilobar, Abdikholikova, 'The Importance Of Speaking Skills In English Classrooms', *Talqin va Tadqiqotlar Ilmiy-Uslubiy Jurnali*, 1.4 (2022), 34–40

Dixon, Helen, and Gillian Ward, 'The Value of Masters Study to Teachers' Professional Practice: Contradictory Discourses within the Workplace', *Australian Journal of Teacher Education (Online)*, 40.2 (2015), 52–65. https://doi.org/10.14221/ajte.2015v40n2.4

Dornyei, Zoltan, 'Innovations and Challenges in Language Learning Motivation' (Routledge). http://dx.doi.org/10.1002/tesq.3024

Faujiah, Syifa, Afriza Afriza, and Tuti Andriani, 'Professional Teachers as a Determining Factor in Quality Education', Vol. 1, No (2023). https://doi.org/10.38035/jim.v1i4.139

Fauziati, Endang, 'Native and Target Language Influence on the Students' Interlanguage Production: A Case of Indonesian EFL Compositions', *Indonesian Journal of Applied Linguistics*, 7.1 (2017), 54–63. http://dx.doi.org/10.17509/ijal.v7i1.6858

Fitria, T. N. (2023). Integrating English language teaching (ELT) into Islamic boarding schools: A review of strategy and challenges. Journal of English Language and Pedagogy (JELPA), 1(2), 64-78. http://dx.doi.org/10.51826/jelpa.v1i2.772

Fikri, Moh Hilman, Abd Syakur, Dika Ayu Sholihah, and Author Name, *Journal of Qualitative Research in Language Education 'I Want to Speak like Native': A Narrative Inquiry on a Student's Beliefs of Global Englishes Article History*, *Research Article JQRLE*, 2024, I https://journal.indoscholar.org/index.php/jqrle/article/view/28

Getie, Addisu Sewbihon, 'Factors Affecting the Attitudes of Students towards Learning English as a Foreign Language', *Cogent Education*, 7.1 (2020). http://dx.doi.org/10.1007/s40299-015-0269-7

Handayani, R. (2025). Investigating the challenges of English Speaking Faced by Students in Boarding School (Doctoral dissertation, Universitas Muhammadiyah Malang). https://eprints.umm.ac.id/id/eprint/15358

Ilyas, M., Eka Putri, M. ., & Nurani, I. . (2021). Psychological Problems Encountered by EFL Students in Speaking Class at Universitas Islam Riau . J-SHMIC : Journal of English for Academic, 8(2), 140–152. https://doi.org/10.25299/jshmic.2021.vol8(2).7484

Juhana. (2023). Psychological Factors in Speaking Skills for EFL: A Case of Senior High School in Indonesia. Research Highlights in Language, Literature and Education Vol. 5, 46–65. https://doi.org/10.9734/bpi/rhlle/v5/5317E

Jamulia, Jumahir, 'Identifying Students Learning Style Preferences at IAIN Ternate', *International Journal of Education*, 10.2 (2018), 121–29. http://dx.doi.org/10.17509/ije.v10i2.1631

Lisnawati, Iis, Yuyun Yuniawati, and Welly Nores Kartadireja, 'Student's Self-Efficacy in Speaking Learning', in *International Symposium on Social Sciences, Education, and Humanities (ISSEH 2018)* (Atlantis Press, 2019), pp. 255–61. https://doi.org/10.2991/isseh-18.2019.59

Meylina, M. (2017). Challenges of learning spoken English in Minangkabau context. Proceedings of ISELT FBS Universitas Negeri Padang, 5, 86-96. https://doi.org/10.21015/vtess.v10i1.957

Meşe, Esra, and Çiğdem Sevilen, 'Factors Influencing EFL Students' Motivation in Online Learning: A Qualitative Case Study', *Journal of Educational Technology and Online Learning*, 4.1 (2021), 11–22. http://dergipark.org.tr/jetol

Mitha, Weni Delfia, Zul Amri, and Don Narius, 'An Analysis Of Students'speaking Anxiety Faced By The Fourth Semester Students Of

English Education Study Program Of English Department Of Universitas Negeri Padang', *Journal of English Language Teaching*, 7.3 (2018), 465–79. https://doi.org/10.51574/jrip.v4i1.1404

Moen, Torill, 'Reflections on the Narrative Research Approach', *International Journal of Qualitative Methods*, 5.4 (2006), 56–69. http://dx.doi.org/10.1177/160940690600500405

Piechurska-Kuciel, Ewa, *The Relationship between Language Anxiety and the Development of the Speaking Skill: Results of a Longitudinal Study* (na, 2011). http://dx.doi.org/10.21832/9781847694126-015

Pitura, Joanna, 'Developing L2 Speaking Skills in English-Medium EFL Higher Education', *Innovation in Language Learning and Teaching*, 16.2 (2022), 118–43. http://dx.doi.org/10.1080/17501229.2021.1884688

Prabawa, Wawa Puja, 'Speaking Strategies Used by Indonesian Tertiary Students', *English Review: Journal of English Education*, 4.2 (2016), 231–42. https://doi.org/10.25134/erjee.v4i2.337

Prasetyaningrum, A., Jaelani, S. R., Asrobi, M., & Isroini, H. (2023). A Study on Students' Psychological Problems of Speaking. English Language in Focus (ELIF), 6(1), 55-66. https://doi.org/10.24853/elif.6.1.55-66

Purwati, Diana, 'Factors Supporting and Hindering the Learning of English as an Additional Language Experienced by a Female Indonesian Student', *Jurnal Sains Sosio Humaniora*, 4.1 (2020), 94–101. https://doi.org/10.22437/jssh.v4i1.9773

Sadiq, Jamilah Mohammed, 'Anxiety in English Language Learning: A Case Study of English Language Learners in Saudi Arabia.', *English Language Teaching*, 10.7 (2017), 1–7. http://doi.org/10.5539/elt.v10n7p1

Surani, D., Mudjiyanto, J., Hartono, R., Sakhiyya, Z. (2025). Enhancing Speaking Skills and Overcoming Anxiety Using Technology: An E-Learning Module for EFL Learners. Participatory Educational Research, 12(3), 196-216. https://doi.org/10.17275/per.25.40.12.3

Vaseghi, Reza, Afsaneh Effatdokht Ramezani, and Reza Gholami, 'Language Learning Style Preferences: A Theoretical and Empirical Study', *Advances in Asian Social Science*, 2.2 (2012), 441–51

Widodo, Handoyo Puji, 'Engaging Students in Literature Circles: Vocational English Reading Programs', *The Asia-Pacific Education Researcher*, 25.2 (2016), 347–59. http://dx.doi.org/10.1007/s40299-015-0269-7

Yang, Zhanli, 'Strategies of Improving Spoken English for Learners', in *International Conference on Education, Language, Art and Intercultural Communication (ICELAIC-14)* (Atlantis Press, 2014), pp. 334–37. https://doi.org/10.2991/icelaic-14.2014.84

Yunus, A. B., & Amin, S. (2024). Exploring EFL Students' Public Speaking Anxiety in Tertiary Level. *IDEAS: Journal on English Language Teaching and Learning, Linguistics and Literature*, *12*(2), 2157-2174. https://doi.org/10.24256/ideas.v12i2.5894

Zhang, Wenjuan, Menglin Xu, Yujuan Feng, Zhixiong Mao, and Zengyin Yan, 'The Effect of Procrastination on Physical Exercise among College Students—The Chain Effect of Exercise Commitment and Action Control', *International Journal of Mental Health Promotion*, 26.8 (2024), 611–22. https://doi.org/10.32604/ijmhp.2024.052730

Zuhairi, Alfan, and Junaidi Mistar, 'A Profile of Strategies of Learning Speaking Skills by Indonesian Learners of English', in *International Conference on Education, Humanities, and Management (ICEHUM 2022)* (Atlantis Press, 2023), pp. 116–24. https://doi.org/10.2991/978-2-38476-040-4_12

UNIVERSITAS NURUL JADID ★ PAITON PROBOLINGGO ★

APPENDIXES

Appendix 1 (Pictures) :

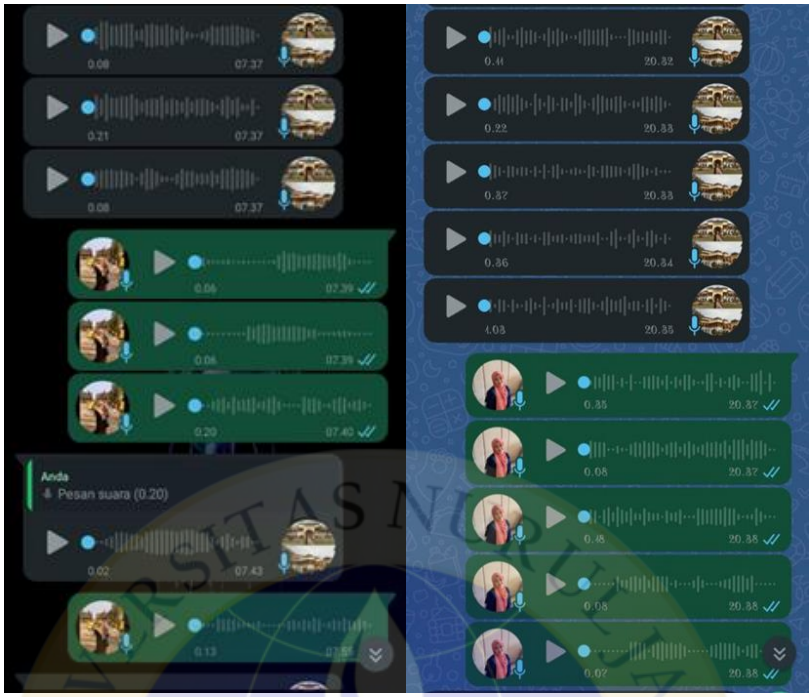

Figure 1: Documentation of The Interview

Appendix 2 (tables):

Table 1 Guidelines of the Research-Interview

Date	
Time	
Activity	
Interviewe	
Location	

Adapted from "Basic Phases of the Narrative Interview" (Braun and Clarke (2006))

General purpose of questions	1. Evaluating individual experiences during English language learning at the institution 2. Determining their story themes 3. Using thematic analysis as written by Braun and Clarke (2006).
Experience and Background	1. How does this institution provide education to them? 2. When asked to speak in English every day, how do they feel? 3. What do they expect when they initially join the institution?
Linguistic Factors	1. What are the challenges faced by students when learning a language at a language institution? How do they perceive pronunciation and vocabulary? 2. What else is a barrier for those learning pronunciation? In addition, provide examples of what situations?What extent do grammar and sentences affect their confidence in speaking?
Physcological Factors	1. According to them, is the learning environment supportive or not? 2. Are there practices, mentors, or audiovisual media that can help them learn to speak?
External Factors	1. In their opinion, is the learning environment supportive? 2. Can practice, mentors, or audiovisual media help them learn to speak?

Strategies & Personal Reflections	1. How do they handle challenges with strategies? 2. Are there specific moments when they feel unsuccessful in learning to speak?
Expectations & Suggestions	1. What are their expectations of institutions and educators to help students learn to speak? 2. What do they think is the best way to anticipate that other students will experience similar situations so that they can resolve them immediately? 3. What message do they want to convey to other students who might be facing difficulties?

Table 2. Challenges and Strategies in Speaking

Aspect	(%)	Explanation
Linguistic Factors	45%	Limited vocabulary, pronunciation difficulties, sentence structure
Psychological factors	30%	Low self-esteem, anxiety, fluctuating motivation
External Factors	15%	Lack of facilities, minimal opportunities for authentic communication
Strategi Coping	7%	Collaboration with friends, self-motivation
The Influence of the Social Environment	3%	Supportive learning environments greatly influence self-confidence.

Appendix 3 (Letter of Statement):

SURAT PERSETUJUAN PARTISIPASI PENELITTIAN

The undersigned

Name :
Age/Date of Birth :
Address :

Truly declare that,After receiving a full explanation, realizing and understanding, and understanding about, the objectives, benefits and risks, which may arise in the research, as well as at any time and can withdraw from participation, then I (agree / disagree) participate in the research entitled: **EXPLORING EFL LEARNER'S EXPERIENCES IN DEVELOPING SPEAKING SKILLS : A NARRATIVE INQUIRY**.

Thus I make this statement truly and without coercion.

Researcher

Probolinggo, 2025

Declared 4 Participants

P1 **P2** **P3** **P4**

NOTA PEMBIMBING
Hal: Persetujuan Ujian Tugas Akhir

Kepada:

Yth. Bapak Dekan Fakultas Sosial dan Humaniora

Universitas Nurul Jadid Paiton Probolinggo

Assalamu'alaikum Warahmatullahi Wabarakatuh

Setelah secara cermat kami baca, dan koreksi kembali serta setelah diadakan perbaikan/penyempurnaan seperlunya, maka kami berpendapat bahwa tugas akhir mahasiswa:

Nama : Ana Magfiroh
NIM : 2142300010
Prodi : Pendidikan Bahasa Inggris
Judul skripsi : Exploring Efl Learner's Experiences In Developing Speaking Skills : A Narrative Inquiry

Telah memenuhi syarat untuk diajukan dalam Ujian Tugas Akhir Fakultas Sosial dan Humaniora Universitas Nurul Jadid Paiton Probolinggo.

Atas perhatian dan kerjasamanya, kami sampaikan terima kasih.

Wassalamu'alaikum Warahmatullahi Wabarakatuh

Pembimbing

Mochlis Ekowijayanto, M.Pd

YAYASAN NURUL JADID PAITON
FAKULTAS SOSIAL DAN HUMANIORA
UNIVERSITAS NURUL JADID
PROBOLINGGO JAWA TIMUR

PP. Nurul Jadid
Karanganyar Paiton
Probolinggo 67291
✆ 088883077077
soshum@unuja.ac.id

BERITA ACARA BIMBINGAN TUGAS AKHIR

1. Nama Mahasiswa : Ana Magfiroh
2. NIM : 2142300010
3. Prodi : Pendidikan Bahasa Inggris
4. Judul Tugas Akhir : Exploring Efl Learner's Experiences In Developing Speaking Skills : A Narrative Inquiry
5. Dosen Pembimbing : Mochlis Ekowijayanto, M.Pd
6. Konsultasi : tugas akhir Jurnal & skripsi

TANGGAL	MATERI BIMBINGAN	KETERANGAN KONSULTASI/ARAHAN	PARAF
23-01-2025	BAB I	Konsultasi tentang Judul	
01-02-2025	Latar Belakang	Membuat argumen pada latar belakang	
11-02-2025	Rumusan Masalah	Membuat Rumusan Masalah	
27-02-2025	Tujuan Penelitian	Revisi Tujuan Penelitian	
10-03-2025	— " —	ACC	
21-04-2025	BAB II	Tambahkan Literature-	
27-04-2025	Literature Review	Yang relevan	
04-05-2025	— " —	Susun ulang urutan teori	
04-06-2025	— " —	ACC	
11-06-2025	BAB III	Jenis Penelitian	
18-06-2025	Metodologi	Jelaskan secara eksplisit	
21-06-2025	— " —	ACC	
22-06-2025	BAB IV	Pembahasan belum mengaitkan	
23-06-2025	Hasil & Pembahasan	Dengan teori	
23-06-2025	BAB V & VI	ACC	

7. Bimbingan telah selesai pada tanggal 23 Juni 2025 :

Dosen Pembimbing:

Mochlis Ekowijayanto, M.Pd

SURAT PERSETUJUAN PARTISIPASI PENELITTIAN

The undersigned

Name : P1, P2, P3, P4
Age/Date of Birth : 18 tahun
Address : Sassumur kulon

Truly declare that,After receiving a full explanation, realizing and understanding, and understanding about, the objectives, benefits and risks, which may arise in the research, as well as at any time and can withdraw from participation, then I (agree / disagree) participate in the research entitled: **EXPLORING EFL LEARNER'S EXPERIENCES IN DEVELOPING SPEAKING SKILLS : A NARRATIVE INQUIRY.**

Thus I make this statement truly and without coercion.

Researcher

Probolinggo, 2025

Declared 4 Participants

P1 **P2** **P3** **P4**

YAYASAN NURUL JADID PAITON
FAKULTAS SOSIAL DAN HUMANIORA
UNIVERSITAS NURUL JADID
PROBOLINGGO JAWA TIMUR

PP. Nurul Jadid
Karanganyar Paiton
Probolinggo 67291
08883077077
soshum@unuja.ac.id

KETERANGAN HASIL CHECK PLAGIASI

Yang bertanda tangan di bawah ini, tim check plagiasi Fakultas Sosial dan Humaniora menerangkan dengan sebenarnya, bahwa telah dilakukan check plagiasi dengan persentase 16% (Exclude Quotes dan Exclude Bibliogrphy) pada tugas akhir/skripsi mahasiswa berikut:

Nama : **2142300010**

NIM : **ANA MAGFIROH**

Judul Skripsi : EXPLORING EFL LEARNER'S EXPERIENCES IN DEVELOPING SPEAKING SKILLS : A NARRATIVE INQUIRY

Demikian keterangan ini dibuat dengan sebenarnya dan untuk dijadikan persyaratan kelayakan mengikuti sidang tugas akhir/skripsi.

Paiton, 11 Juni 2025
Ketua Tim,

R.M. FARUQ, S.H.I

PANITIA PELAKSANA PROGRAM SKRIPSI
FAKULTAS SOSIAL DAN HUMANIORA
UNIVERSITAS NURUL JADID
PROBOLINGGO JAWA TIMUR

PP. Nurul Jadid
Karanganyar Paiton
Probolinggo 67291
08883077077
soshum@unuja.ac.id

PENGESAHAN TIM PENGUJI TUGAS AKHIR

Skripsi yang ditulis oleh mahasiswa :

Nama : Ana Magfiroh
NIM : 214230010
Prodi : Pendidikan Bahasa Inggris
Judul : Exploring Efl Learner's Experiences In Developing Speaking Skills : A Narrative Inquiry

Telah dipertahankan di depan Sidang Tim Penguji Tugas Akhir Fakultas Sosial dan Humaniora Universitas Nurul Jadid Paiton Probolinggo pada hari Kamis tanggal bulan Juli tahun 2025 dan dinyatakan lulus serta telah direvisi sesuai dengan saran Tim Penguji.

Mengesahkan,
Dekan.

Dr. CHUSNUL MUALI, M.Pd
NIDN: 2101127701

Tim Penguji:

1. **Ketua Tim** : Mohammad Sofyan Adi Pranata, M.Li 1. (.....)
2. **Penguji I** : Syaiful Islam, M.Pd 2. (.....)
3. **Penguji II** : Durratul Hikmah, M.Pd 3. (.....)

BIOGRAPHY

Ana Magfiroh, the first daughter of Mr. Ma'rupiyanto and Mrs. Basiro, was born on November 1, 2002, in Probolinggo. She lived in Probolinggo. She graduated from MI Zainul Anwar in 2015 and continued her education at MTS Zainul Anwar. In 2018, she entered MA Zainul Anwar – Alassumur to continue her studies and graduated in 2021. She was accepted as a student in the English Education Department at the Faculty of Social and Humanities, Nurul Jadid University. By the end of her final semester, she had conducted her thesis research titled **"Exploring EFL Learners' Experiences in Developing Speaking Skills: A Narrative Inquiry."**