

**EXPLORING STUDENTS' SELF-EFFICACY IN SPEAKING  
PERFORMANCE: A CASE STUDY IN INDONESIAN EFL  
CONTEXT**

*Skripsi*

**Presented to  
undergraduate  
program English education  
Program Nurul Jadid University  
In partial fulfillment of the requirements for the degree of  
Bachelor in English language education**



**By**

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UNIVERSITY OF NURUL JADID**

**2024**

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### APPROVAL

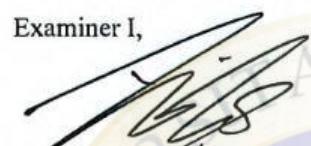
This is to certify that the *Skripsi* of Umiati Wulandari had been approved by the board of Examiners on 4<sup>th</sup> August 2024

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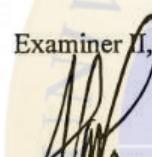


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## **MOTTO AND DEDICATION**

**“Long Story Short, I Survived”**  
**(Taylor Swift)**

**“Teruslah bergerak, hingga kelelahan itu lelah mengikutimu.**

**“Teruslah berlari, hingga kebosanan itu bosan mengejarmu.”**

**“Teruslah berjalan, hingga keletihan itu letih bersamamu.”**

**“Teruslah bertahan, hingga kefuturan itu futur menyertaimu.”**

**“Teruslah berjaga, hingga kelesuan itu lesu menemanimu.”**

**(KH. Rahmat Abdullah)**

**“Hidup yang tidak dipertaruhkan tidak akan pernah dimenangkan. Untuk memulai hal yang baru dan mencoba sesuatu yang lain, terkadang kita harus mempertaruhkan apa yang kita punya.”**

**(Najwa Shihab)**

**“Selalu ada harga dalam sebuah proses. Nikmati saja lelah-lelah itu.**

**Lebarkan lagi rasa sabar itu. Semua yang kau investasikan untuk menjadikan dirimu serupa yang kau impikan mungkin tidak akan selalu berjalan lancar. Tapi gelombang-gelombang itu yang bisa kau ceritakan.”**

**(Boy Candra)**

There is nothing more beautiful than the dedication of this thesis to me, Umiati Wulandari. Thank you for your passion and perseverance in the face of pressure and difficulties in writing this thesis. Thank you for proving to me that with strong desire, hard work, and prayer, you can achieve the best results. Thank you to my parents, husband, sister, all my teachers and lecturers, and friends for always supporting and loving me.

## DECLARATION OF AUTHORSHIP

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Declare that :

1. This *skripsi* is the sole of work of the author and had not been written in collaboration with any other person, nor does it include, without due acknowledgment, the work of any other person.
2. If at a later time it is found that the *skripsi* is a product of plagiarism, I am willing to accept any legal consequences that may be imposed to me.

Paiton, 18<sup>th</sup> July 2024



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## ABSTRACT

**Wulandari, Umiati 2024.** *"Exploring Students' Self-Efficacy in Speaking Performance: A Case Study in Indonesian Efl Context.* Undergraduate program Nurul Jadid University. Advisor Syaiful Islam, M. Pd

Keyword: Self-efficacy, Speaking Performance

Self-efficacy was the perceived ability of an individual to successfully perform a task and had a significant impact on human achievement, especially in educational settings such as English-speaking performance. This study focuses on exploring the factors that influenced students' self-efficacy in speaking performance and identify the impact of self-efficacy on speaking performance. Employing a qualitative case study approach, the research focused on four students from an English class at MTSN 1 Probolinggo's during the 2023/2024 academic year. Semi-structured interviews and observations were conducted to address the research questions. To analyze the data, the researcher used thematic analysis technique. The results revealed seven important factors that influenced self-efficacy in speaking: prior experience, indirect learning experience, verbal persuasion, emotional conditioning, preparation effort, intrinsic motivation, and familiarity with the audience. Additionally, five impacts of self-efficacy on speaking performance were identified: increased self-confidence, fluent speaking ability, anxiety management, decreased lack of confidence, and increased willingness to take risks and face challenges.

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Although imperfect, I welcome constructive criticism and suggestions for future improvements. My aim is for this thesis to benefit readers, particularly educators, future researchers, and Indonesian students. I hope it can contribute modestly to educational development and inspire further research.

**The researcher,**

**UMIATI WULANDARI**

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