

REFERENCES

Ahmad Bukhari, Nurul Iman, Lilliati Ismail, Noor Lide Abu Kassim, Abu Bakar Razali, Nooreen Noordin, and Muhamad Firdaus Mohd Noh. "Topic Familiarity Effects on Performance in Speaking Assessment Tasks." *Arab World English Journal (AWEJ) Volume 14* (2023).

Alkhrisheh, Hazim Taisir Dayij, Failasofah Failasofah, and Taisir Alkhrisheh. "The Interrelationship among Language Use, Linguistic Competence, and Higher Order Skills." *Indonesian Research Journal in Education| IRJE|* 5, no. 1 (2021): 6–22.

Anim-Wright, Koryoe. "Examining the Effect of Student Engagement on Student Experience in Higher Education Institutions." *Higher Education Studies* 14, no. 1 (2024): 70–75.

AnthonySamy, Lilian, Ah-Choo Koo, and Soon-Hin Hew. "Self-Regulated Learning Strategies and Non-Academic Outcomes in Higher Education Blended Learning Environments: A One Decade Review." *Education and information technologies* 25, no. 5 (2020): 3677–3704.

Astin, Alexander W. "Student Involvement: A Developmental Theory for Higher Education." In *College Student Development and Academic Life*, 251–262. Routledge, 2014.

Bean, John C, and Dan Melzer. *Engaging Ideas: The Professor's Guide to Integrating Writing, Critical Thinking, and Active Learning in the Classroom*. John Wiley & Sons, 2021.

Burguillo, Juan C. "Using Game Theory and Competition-Based Learning to Stimulate Student Motivation and Performance." *Computers & education* 55, no. 2 (2010): 566–575.

Buttler, Tim. "Disrupting My Teaching Practices: A Teacher Educator Living as A Contradiction." *Studying Teacher Education* (2020).

Buzan, Tony. *Mind Map Mastery: The Complete Guide to Learning and Using the Most Powerful Thinking Tool in the Universe*. Jaico Publishing House, 2024.

Campbell, Anita, Tracy Craig, and Brandon Collier-Reed. "A Framework for Using Learning Theories to Inform 'Growth Mindset' Activities." *International Journal of Mathematical Education in Science and Technology* 51, no. 1 (2020): 26–43.

Chuang, Szufang. "The Applications of Constructivist Learning Theory and Social Learning Theory on Adult Continuous Development." *Performance Improvement* 60, no. 3 (2021): 6–14.

Cresswell, John. "Qualitative Inquiry & Research Design: Choosing among Five Approaches., " 2013.

Creswell, John W. *Choosing Among Five Approaches*. Sage Publications, 2007.

Crisp, Beth R. "Academic Workloads: What Does a Manager Need to Consider?"

Journal of Higher Education Policy and Management (2022).

Dar, Hafiz Muhammad Usman, Quratul Ain Shafique, and Yasmeen Khatoon. “Evolution of Self: Exploration of Personality Development in Kamila Shamsie’s Selective Novel.” *Journal of Social Sciences Review* 3, no. 2 (2023): 603–612.

Deci, Edward L, and Richard M Ryan. “Self-Determination Theory.” *Handbook of theories of social psychology* 1, no. 20 (2012): 416–436.

Eccles, David W, Emma J Leone, and A Mark Williams. “Deliberate Practice: What Is It and How Can I Use It?” *Journal of Sport Psychology in Action* 13, no. 1 (2022): 16–26.

Enworo, Oko Chima. “Application of Guba and Lincoln’s Parallel Criteria to Assess Trustworthiness of Qualitative Research on Indigenous Social Protection Systems.” *Qualitative Research Journal* 23, no. 4 (2023): 372–384.

Everhart, Robert B. *Reading, Writing and Resistance: Adolescence and Labor in a Junior High School*. Routledge, 2022.

Fathi, Jalil, Mirosław Pawlak, Sam Saeedian, and Ata Ghaderi. “Exploring Factors Affecting Foreign Language Achievement: The Role of Growth Mindset, Self-Efficacy, and L2 Grit.” *Language Teaching Research* (2024): 13621688241227604.

Flick, Uwe. “Triangulation in Data Collection.” The SAGE handbook of qualitative data collection, 2018.

Fülöp, Márta, Balázs András Varga, and Nóra Sebestyén. “Competitive and Non-Competitive School Climate and Students’ Well-Being.” *Learning and Instruction* 95 (2025): 102036.

Getie, Addisu Sewbihon. “Factors Affecting the Attitudes of Students towards Learning English as a Foreign Language.” *Cogent Education* 7, no. 1 (2020).

Gunarto, Muji, and Ratih Hurriyati. “Creating Experience Value to Build Student Satisfaction in Higher Education.” *arXiv preprint arXiv:2006.09846* (2020).

Harland, Tony. “Vygotsky’s Zone of Proximal Development and Problem-Based Learning: Linking a Theoretical Concept with Practice through Action Research.” *Teaching in higher education* 8, no. 2 (2003): 263–272.

Hartlep, Nicholas D, Terrell L Strayhorn, and Fred A Bonner II. *Belonging in Higher Education: Perspectives and Lessons from Diverse Faculty*. Taylor & Francis, 2024.

Hashmi, Dr Kiran, and Humera Naz Fayyaz. “Adolescence and Academic Well-Being: Parents, Teachers and Students’ Perceptions.” *Journal of Education and Educational Development* (2022).

Hopper, Elizabeth. “Maslow’s Hierarchy of Needs Explained.” *ThoughtCo*, *ThoughtCo* 24 (2020): 1–3.

Jiang, Yuhong, Yingying Chen, Jiasheng Lu, and Yiqing Wang. "The Effect of the Online and Offline Blended Teaching Mode on English as a Foreign Language Learners' Listening Performance in a Chinese Context." *Frontiers in psychology* 12 (2021): 742742.

Johnson, David W, and Roger T Johnson. "Social Interdependence Theory and Cooperative Learning: The Teacher's Role." In *The Teacher's Role in Implementing Cooperative Learning in the Classroom*, 9–37. Springer, 2008.

Johnson, Jessica L, Donna Adkins, and Sheila Chauvin. "A Review of the Quality Indicators of Rigor in Qualitative Research." *American journal of pharmaceutical education* 84, no. 1 (2020): 7120.

Johnson, W Brad, and Kimberly A Griffin. *On Being a Mentor: A Guide for Higher Education Faculty*. Routledge, 2024.

Kang, Okim, Ron I Thomson, and Meghan Moran. "Which Features of Accent Affect Understanding? Exploring the Intelligibility Threshold of Diverse Accent Varieties." *Applied Linguistics* 41, no. 4 (2020): 453–480.

King, Alyson E, Fiona A E McQuarrie, and Susan M Brigham. "Exploring the Relationship between Student Success and Participation in Extracurricular Activities." *SCHOLE: A Journal of Leisure Studies and Recreation Education* 36, no. 1–2 (2021): 42–58.

Knapp, Barbara. *Skill in Sport: The Attainment of Proficiency*. Taylor & Francis, 2024.

Komariah, Nurul, and Ishmatun Nihayah. "Improving the Personality Character of Students through Learning Islamic Religious Education." *At-Tadzir: Islamic Education Journal* 2, no. 1 (2023): 65–77.

Lewis III, Dawson R, and Troy Y Lewis. "A Multimodal Approach to Higher Order Literacy Development of Low-Level EFL University Students in Japan." *Innovation in Language Learning and Teaching* 15, no. 4 (2021): 364–383.

Li, Shengji, and Huma Akram. "Do Emotional Regulation Behaviors Matter in EFL Teachers' Professional Development?: A Process Model Approach." *Porta Linguarum: revista internacional de didáctica de las lenguas extranjeras*, no. 9 (2023): 273–291.

Liu, Woon Chia. "Implicit Theories of Intelligence and Achievement Goals: A Look at Students' Intrinsic Motivation and Achievement in Mathematics." *Frontiers in Psychology* 12 (2021): 593715.

Mahdi, Hassan Saleh, and Mohammed Ali Mohsen. "Enhancing Pronunciation Learning through High Variability Phonetic Training: A Meta-Analysis." *Language Teaching Research Quarterly* 40 (2024): 29–45.

Margolis, Arkady A. "Zone of Proximal Development, Scaffolding and Teaching Practice." *Cultural-historical psychology* 16, no. 3 (2020).

Miller, Angie L, Kyle T Fassett, and Dajanae L Palmer. "Achievement Goal

Orientation: A Predictor of Student Engagement in Higher Education.” *Motivation and Emotion* 45, no. 3 (2021): 327–344.

Normurodovna, Mokhigul Abdirakhimova. “Building Vocabulary: Effective Strategies For Learners.” In *International Conference on Medical Science, Medicine and Public Health*, 4–11, 2025.

Oktaviani, Latifah Nur. “Teachers’ and Students’ Coaching Strategy to Win English Speech Contest (a Multiple Case Study at Senior High Schools in Banda Aceh and Aceh Besar).” Universitas Bina Bangsa Getsempena, 2025.

Özdemir, Osman, and Humset Seçkin. “Anxiety as a Foreign Language Learning Barrier: Perspectives of Lecturers and Freshmen on Speaking and Writing Skills in Higher Education Settings.” Available at SSRN 5051729 (n.d.).

Padgett, Deborah K. *Qualitative Methods in Social Work Research*. Vol. 36. Sage publications, 2016.

Patton, Lori D. *Culture Centers in Higher Education: Perspectives on Identity, Theory, and Practice*. Taylor & Francis, 2023.

Patton, Lori D, Kristen A Renn, Florence M Guido, and Stephen John Quaye. *Student Development in College: Theory, Research, and Practice*. John Wiley & Sons, 2016.

Peña-Ayala, Alejandro. “A Learning Design Cooperative Framework to Instill 21st Century Education.” *Telematics and Informatics* 62 (2021): 101632.

Qasserras, Lhoussine. “Systematic Review of Communicative Language Teaching (CLT) in Language Education: A Balanced Perspective.” *European Journal of Education and Pedagogy* 4, no. 6 (2023): 17–23.

Rajagukguk, Robert O, Candra Sinuraya, Jane Savitri, Kristin Rahmani, and Stephanie Andamari. “Model of Student Development by Chickering Theory” (2022).

Rose, Jeff, and Corey W Johnson. “Contextualizing Reliability and Validity in Qualitative Research: Toward More Rigorous and Trustworthy Qualitative Social Science in Leisure Research.” *Journal of leisure research* 51, no. 4 (2020): 432–451.

Ruixue, Du, and Princess Policarpio. “Integrating English Skills Competitions into the Curriculum and Students’ Oral English Abilities.” *International Journal of Education and Humanities* 4, no. 4 (2024): 487–500.

Sahoo, Pranab, Ayush Kumar Singh, Sriparna Saha, Vinija Jain, Samrat Mondal, and Aman Chadha. “A Systematic Survey of Prompt Engineering in Large Language Models: Techniques and Applications.” *arXiv preprint arXiv:2402.07927* (2024).

Salas-Vallina, Andrés, Joaquín Alegre, and Álvaro López-Cabral. “The Challenge of Increasing Employees’ Well-being and Performance: How Human Resource Management Practices and Engaging Leadership Work

Together toward Reaching This Goal.” *Human Resource Management* 60, no. 3 (2021): 333–347.

Santos, Karine da Silva, Mara Cristina Ribeiro, Danlyne Eduarda Ulisses de Queiroga, Ivisson Alexandre Pereira da Silva, and Sonia Maria Soares Ferreira. “The Use of Multiple Triangulations as a Validation Strategy in a Qualitative Study.” *Ciencia & saude coletiva* 25 (2020): 655–664.

Shao, Yujie, Kazuya Saito, and Adam Tierney. “How Does Having a Good Ear Promote Instructed Second Language Pronunciation Development? Roles of Domain-general Auditory Processing in Choral Repetition Training.” *Tesol Quarterly* 57, no. 1 (2023): 33–63.

Tariq, Muhammad Usman, and Rommel P Sergio. “Innovative Assessment Techniques in Physical Education: Exploring Technology-Enhanced and Student-Centered Models for Holistic Student Development.” In *Global Innovations in Physical Education and Health*, 85–112. IGI Global, 2025.

Tiwari, Hari Prasad. “Challenges in Teaching Pronunciation: Secondary Level English Teachers’ Perspectives.” *Journal of Linguistics and Language in Education* 17, no. 2 (2023): 1–29.

Toyama, Michiko, and Yoshitaka Yamazaki. “Classroom Interventions and Foreign Language Anxiety: A Systematic Review with Narrative Approach.” *Frontiers in Psychology* 12 (2021): 614184.

Trang, Minh. “Understanding Listening Comprehension Processing and Challenges Encountered: Research Perspectives.” *International Journal of English Language and Literature Studies* 9, no. 20 (2020): 63–75.

Vygotsky, Lev S. *Thought and Language*. Vol. 29. MIT press, 2012.

Walker, Decker F. *Fundamentals of Curriculum*. *Fundamentals of Curriculum*, 2002.

Wei, Liping. “Teaching Academic Vocabulary to English Language Learners (ELLs).” *Theory & Practice in Language Studies (TPLS)* 11, no. 12 (2021).

Yeager, David S, and Carol S Dweck. “What Can Be Learned from Growth Mindset Controversies?” *American psychologist* 75, no. 9 (2020): 1269.

Yeni, Melda, Syafrizal Syafrizal, Muhammad Ridhwan, Muhammad Cholid, and Nana Herawati. “English Communication Program: School’s Effort in Facilitating Students’ Speaking.” *Selodang Mayang: Jurnal Ilmiah Badan Perencanaan Pembangunan Daerah Kabupaten Indragiri Hilir* 8, no. 3 (2022): 254–258.

Yi, Qifan, Zhicui Dong, and Hongliang Qiao. “Enhancing EFL Listening and Speaking Skills: Strategies and Practice for Implementing Multimedia and Multi-Modal Approaches.” *Journal of Humanities, Arts and Social Science* 8, no. 9 (2024).

Yuan, Xuechen. “Evidence of the Spacing Effect and Influences on Perceptions of

Learning and Science Curricula.” *Cureus* 14, no. 1 (2022).

Zhang, Zhongyue, and Ahmad Johari Bin Sihes. “How Teaching Competitions Support the Development of Teaching Self-Efficacy: A Study of Award-Winning English as a Foreign Language Teachers.” *Journal of Curriculum and Teaching* 12, no. 6 (2023): 298.

Zimmerman, Barry J. “Dimensions of Academic Self-Regulation: A Conceptual Framework for Education.” In *Self-Regulation of Learning and Performance*, 3–21. Routledge, 2023.



APPENDIXES

A. The instruments of the structured interviews with open-ended questions of the research are :

1. Can you describe your personal experiences when participating in English competitions at different levels?
2. What challenges did you face during the preparation and participation in these competitions, and how did you overcome them?
3. How have your classroom lessons and school curriculum supported your performance in English competitions?
4. What role have teachers, mentors, or school resources played in helping you achieve success in these competitions?
5. In your opinion, which academic skills or learning strategies are most important for winning English competitions?

B. The documentations with five students of LIPS Nurul Jadid



The interview of the First Student (MFA)



The interview of the Second Student (RM)



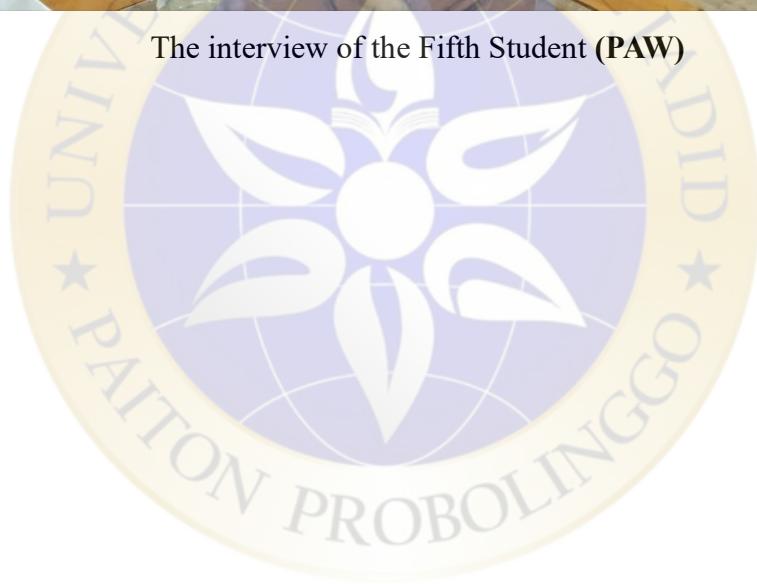
The interview of the Third Student (**AK**)



The interview of the Fourth Student (**MNWI**)



The interview of the Fifth Student (PAW)





KETERANGAN HASIL CHECK PLAGIASI

Yang bertanda tangan di bawah ini, tim check plagiasi Fakultas Sosial dan Humaniora menerangkan dengan sebenarnya, bahwa telah dilakukan check plagiasi dengan persentase 10% (Exclude Quotes dan Exclude Bibliography) pada tugas akhir/skripsi mahasiswa berikut:

Nama : **2042300012**

NIM : **WILDANI NURIL ANAS**

Judul Skripsi : **THE STUDENT EXPERIENCE IN WINNING ENGLISH COMPETITION :
A CASE STUDY AT LIPS OF NURUL JADID**

Demikian keterangan ini dibuat dengan sebenarnya dan untuk dijadikan persyaratan kelayakan mengikuti sidang tugas akhir/skripsi.

Paiton, 22 Juli 2025
Ketua Tim,

RM. FARUQ, S.H.I



LANGUAGE INTENSIVE PROGRAMS

شعبة اللغة المكتفة

SEKOLAH MENENGAH PERTAMA NURUL JADID
PAITON PROBOLINGGO JAWA TIMUR
TERAKREDITASI "A"

PO. BOX 1 Paiton Probolinggo 67291 Telp. (0335) 771373 e-mail: smp_nurja@yahoo.com Website: www.smpnuruljadid.sch.id

Nomor : NJ-H/162/031/A.VIII/07.2025
Lampiran : -
Perihal : Keterangan Penelitian

Kepada Yth: **Kaprodi Pendidikan Bahasa Inggris Universitas Nurul Jadid**
di Tempat

Assalamu'alaikum Wr. Wb.

Yang bertandatangan dibawah ini, Kami Koordinator Language Intensive Programs Of SMP Nurul Jadid menerangkan dengan sebenarnya bahwa mahasiswa yang bernama:

Nama : Wildani Nuril Anas
NIM : 2042300012
Fakultas : Sosial dan Humaniora
Jurusan/Prodi : Pendidikan Bahasa Inggris

Telah mengadakan penelitian di Lembaga Kami dari tanggal 16 Mei 2025 s/d 03 Juli 2025, untuk menyelesaikan Penulisan Skripsi yang berjudul **“The Student Experience In Winning English Competition: A Case Study At Lips Of Nurul Jadid”**.

Demikian permohonan izin ini, atas perhatiannya kami sampaikan terima kasih.

Wassalamu'alaikum Wr. Wb.

Paiton, 30 Juli 2025
Koordinator LIPS,

ABDUR ROSYID, S. Kom
NIUP. 41820703539

M. AGUNG IZZULHAQ
NIUP. 11320104960



PANITIA PELAKSANA PROGRAM
FAKULTAS SOSIAL DAN HUMANIORA
UNIVERSITAS NURUL JADID
PROBOLINGGO JAWA TIMUR

PP. Nurul Jadid
Karanganyar Paiton
Probolinggo 67291
08883077077
soshum@unuja.ac.id

BERITA ACARA BIMBINGAN SKRIPSI

1. Nama Mahasiswa : Wildani Nuril Anas
2. NIM : 2042300012
3. Prodi : Pendidikan Bahasa Inggris
4. Judul Skripsi : The Student Experience in Winning English Competition : A Case Study at LIPS of Nurul Jadid
5. Pembimbing : Moh. Sofyan Adi Pranata, M.Li.
6. Fokus Bimbingan : Aspek Relevansi Judul, Landasan Teori, Aktualisasi Data, Ketajaman Analisis, Aspek bahasa, metodologi, kesesuaian antar bab, dan sistematika penulisan

7. Konsultasi :

| TANGGAL | MATERI BIMBINGAN | KETERANGAN KONSULTASI/ARAHAN | PARAF |
|-------------|-----------------------|------------------------------|-------|
| | Chapter I — a — | Revise Acc | \$ \$ |
| | Chapter II — a — | Revise Acc | \$ \$ |
| | Chapter III — t, — | Revise Acc | \$ \$ |
| | Chapter IV — a — | Revise Acc | \$ \$ |
| | Chapter V — n — | Revise Acc | \$ \$ |
| 3 Juli 2024 | — n — | Revise Acc | \$ \$ |

8. Bimbingan telah selesai pada tanggal: 3 Juli 2024
Dosen Pembimbing,

MOH. SOFYAN ADI PRANATA, M.Li.